

Making Connections provides Befriending and Wellbeing Supports for people aged 65 and over in communities throughout Dublin South.

Making Connections mission is to alleviate loneliness and isolation by providing Befriending and wellbeing supports that empower people to stay healthy and socially connected. Our volunteers are fully trained and garda vetted. We work in partnership with HSE, Garda Community Policing Team and other local agencies.

Our Supports

- Regular visits for social interaction at home/ café (befriending)
- Buddy support to link with community activities (club/ class/ event, etc)
- Telephone befriending calls
- Walking companion
- Assistance to use digital devices/ access information
- Other supports: please specify or call us to discuss

How it works?

- A referral is made
- You will be contacted to ensure it's the right service for you
- Assessment (phone or home as required)
- Support provided

Please Note:

The service is about social support. It is not a sitting service, a replacement for home support, nursing staff or family

How long will volunteer support last?

The duration varies depending on the individual needs of each client.

Contact Details:

Making Connections, Glenard, 36 Roebuck Road,
Clonskeagh, D14 R6C1

Phone: (01) 2951053

Email: info@makingconnections.ie

Website: www.makingconnections.ie

IF you are Supported by a Volunteer

Important Information/ Guidelines

- Do not ask a volunteer for their personal details e.g., phone number, address, etc
- Do not give volunteer gifts over €10
- A volunteer may not handle any cash/ financial matters on your behalf
- Do not ask for advice on family, legal or professional matters

What if I need to change the arrangement with my volunteer?

You are always free to cancel or re-arrange an appointment with the volunteer. You can do this by contacting Making Connections and we will pass on the message. The volunteer will usually call you on the day they are due to visit to confirm.