
Making Connections provides Befriending and Wellbeing Supports for people aged 65 and over in communities throughout Dublin South.

Making Connections mission is to alleviate loneliness and isolation by providing Befriending and wellbeing supports that empower people to stay healthy and socially connected. Our volunteers are fully trained and garda vetted. We work in partnership with HSE, Garda Community Policing Team and other local agencies.

Our Supports

- Regular visits for social interaction at home/ café (befriending)
- Buddy support to link with community activities (club/ class/ event, etc)
- Telephone befriending calls
- Walking companion
- Walk and Talk Groups
- Assistance to use digital devices/ access information
- Other supports: please specify or call us to discuss

What is the role of Making Connections Volunteers?

The primary volunteer role is about companionship. It is not a sitting service or a replacement for home support, nursing staff or family. Volunteers are not permitted to be involved in personal care, financial affairs or to administer medication to an older person.

How long will the support last for the client?

The duration varies depending on the individual needs of the client.

Making a referral/ next steps

- Visit www.makingconnections.ie/referrals to make an online referral
 - Click 'Make a Referral' and follow the instructions
 - There is a separate link on the page for Garda Community Teams
- An automated email will confirm receipt of referral
- Making Connections will contact you if further information is required

To Contact Making Connections

Email: info@makingconnections.ie

Phone: (01) 295 1053