



Ageing is inevitable - loneliness doesn't have to be

Supporting people 65+ to age well at home

Examples include but are not limited to:

Practical Support

Hospital discharge support
Decluttering | Support to fill forms
Support to use digital devices...

Social Support

Support to engage in local activities
Phone support | Befriending...

Signposting/ Linking

Personal Alarm | Care & Repair
Housing adaptation (dlr Healthy Homes)
Living Well Programme | Dublin Bus Assist
Accessible Library Services | Helplines...

Group Activities

Making Connections Walk & Talk
Programme, in partnership with HSE
Locations: Churchtown & Leopardstown

...and more!

Make a Referral

An online referral form is available at:

www.makingconnections.ie

Ph: (01) 295 1053

info@makingconnections.ie

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